## Elementary Art Table of Contents

Education as an Aid to Life	1
Introduction to Art	2
Introduction to Visual Art	5
Art Theory	7
Preliminary Exercises	10
How to Place a Pitcher	11
How to Fold Napkins – and Paper	12
How to Pour Grain	15
How to Pour Water	17
Care of Self	
How to Tie a Bow	20
Lacing Frame – V Pattern	24
Lacing Frame – X Pattern	26
Lacing Frame – Linear Pattern	28
Care of the Environment	
How to Iron	31
How to Arrange Flowers	33
Visual Art	
Introduction to Visual Art	37
Rubbings (Exploration of Texture)	38
Cutting - Snipping	40
Cutting - Lines	41
Advanced Cutting	-'' 42
Contour Drawing with Crayon (Exploration of Line)	43
Drawing with Colored Pencils	45
Metal Insets	47
Small Metal Insets	51
Cutting and Gluing (Exploration of Space)	53
Color Box III	55
Painting (Exploration of Color)	59
Sculpting (Exploration of Form)	62
Beginning Sewing	64
Sewing a Button	66
Advanced Sewing – Running Stitch	68
Sewing a Basic Pocket Pillow	70
Basic Cross-Stitch and Embroidery	73
Weaving	78
Crochet	80
Knit	83

Bookmaking	86
Culture and History	

History of Art	89
Art Folders	90
Additional Notes on Discussion	92

## Appendices

Art Forms to Study	94
Art Materials	95
Printable Materials	<b>9</b> 7